



**Northern  
Mariana Islands  
Football Association**

# **10<sup>th</sup> ORDINARY CONGRESS 2020 ACTIVITY REPORT**



**Northern  
Mariana Islands  
Football Association**

# NATIONAL PROGRAM

## COMPETITIONS

### **MARIANAS CUP DERBY (7/20/19)**

*Dededo, Guam*

NMI U19 Women's	(3) vs (0)	Masakada U19 Team
NMI U19/23 Men's	(2) vs (6)	Guam U19/23 Men's

### **EAFF U15 Girls' Football Festival 2019 (8/05-20/19)**

*Mokpo, Korea*

NMI	(1) vs (1)	Guam
NMI	(1) vs (1)	Mongolia
NMI	(0) vs (5)	Hong Kong
NMI	(1) vs (5)	Chinese Taipei
NMI	(0) vs (9)	China

### **AFC U16 Championship 2020 Qualifiers (9/14-20/19)**

*Jakarta, Indonesia*

NMI	(0) vs (7)	Philippines
NMI	(1) vs (5)	Brunei
NMI	(1) vs (15)	Indonesia
NMI	(0) vs (15)	China PR

### **AFC U19 Championship 2020 Qualifiers (11/02-08/19)**

*Phnom Pehn, Cambodia*

NMI	(3) vs (4)	Brunei
NMI	(0) vs (9)	Cambodia
NMI	(0) vs (21)	Thailand
NMI	(0) vs (10)	Malaysia

## TRAINING CAMPS

- **ALABANG, PHILIPPINES** (7/26 – 8/04/19): U16 Boys National Team
- **PHNOM PEHN, CAMBODIA** (10/29-31/19): U19 Men's National Team

## LOCAL FRIENDLIES

### **NORTHERN MARIANA ISLANDS**

### **INVITATIONAL FOOTBALL TOURNAMENT 2019 (8/24-26/19)**

*Koblerville, Saipan*

NMI U18 Men's	(4) vs (3)	Elite Core FC
NMI All Star Team	(3) vs (2)	Beijing 97 FC
NMI U18 Men's	(3) vs (0)	NMI All Star Team
Elite Core FC	(4) vs (1)	Beijing 97 FC
NMI U18 Men's	(7) vs (0)	Beijing 97 FC
NMI All Star Team	(0) vs (3)	Elite Core FC

# JUNIOR NATIONAL ACADEMY

**2019**

**FALL 2019 (9/07-12/19)**

- 20 Participants

**2020**

**SPRING 2020 (2/07 – 05/29/20)**

- 20 Participants

**FALL 2020 (07/29 – TBA)**

- 26 Participants

In an effort to recruit more female players, the NMIFA technical staff plans to extend the JNA program by conducting separate training session for boys and girls.

Once community based testing resumes, NMIFA will conduct tryouts exclusively for female players looking to be a part of this Elite program.



**NMI**  
Junior National Academy



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# YOUTH PROGRAM

**2019**

## **NMIFA YOUTH LEAGUE FALL 2019 (9/14 – 11/23/19)**

*League Details:*

Under 6	-	6 Teams
Under 8	-	7 Teams
Under 10	-	9 Teams
Under 12B	-	5 Teams
Under 12A	-	4 Teams
Under 15 Boys	-	5 Teams
Under 16 Girls	-	6 Teams
Under 18 Boys	-	4 Teams

**CHAMPIONS**

-	TanHolding's FC
-	Kanoa FC
-	Kanoa FC
-	TanHolding's FC

## **NMIFA YOUTH LEAGUE FESTIVAL: FALL 2019 (11/23/19)**

*Festival Details:*

Under 8	-	7 Teams
Under 10	-	9 Teams
Under 12B	-	5 Teams

## **NMIFA CHALLENGE CUP: FALL 2019 (11/30/19)**

*Cup Details:*

Under 15 Boys	-	3 Teams
Under 18 Boys	-	4 Teams

**CHAMPIONS**

- Kanoa FC

**2020**

## **NMIFA HOLIDAY FUTSAL JAM (12/27 – 1/05/20)**

*League Details:*

Under 12 Coed	-	4 Teams	-	MP United FC
Under 15 Boys	-	4 Teams	-	MP United FC
Under 16 Girls	-	4 Teams	-	Kanoa FC

**CHAMPIONS**

## **NMIFA YOUTH LEAGUE SPRING 2020 (2/14 – 4/18/20)**

*League Details:*

Under 6	-	6 Teams
Under 8	-	7 Teams
Under 10	-	9 Teams
Under 12B	-	5 Teams
Under 13A	-	4 Teams
Under 16 Boys	-	5 Teams
Under 17 Girls	-	6 Teams
Under 19 Boys	-	4 Teams

DUE TO THE COVID-19 PANDEMIC,  
ALL LEAGUES WERE SUSPENDED  
STARTING **MARCH 16, 2020**



# MENS PROGRAM

**2019**

DUE TO THE COVID-19 PANDEMIC,  
ALL LEAGUES WERE SUSPENDED  
STARTING **MARCH 16, 2020**

## **M-LEAGUE FALL 2019 (9/29 – 12/05/19)**

*League Details:*

**CHAMPIONS**

Division A	-	5 Teams	-	ALL BLUE
Division B	-	5 Teams	-	Kanoa FC

## **MEN'S 8V8 MASTERS LEAGUE (12/15 – 1/12/20)**

*League Details:*

**CHAMPIONS**

Masters	-	4 Teams	-	Eat's Easy
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**2020**

## **M-LEAGUE SPRING 2020 (3/01 – 05/21/20)**

*League Details:*

Division A	-	6 Teams
Division B	-	4 Teams



**2019**

**DOVE WOMEN'S FUTSAL LEAGUE FALL 2019 (11/01 – 12/13/19)**

League Details:

**CHAMPIONS**

Division A	-	4 Teams	-	SUFC
Division B	-	4 Teams	-	Kanoa FC
Masters	-	5 Teams	-	

**2020**

**DOVE WOMEN'S LEAGUE SPRING 2020 (2/16 – 05/17/20)**

League Details:

Division A	-	3 Teams
Division B	-	6 Teams
Masters	-	5 Teams

DUE TO THE COVID-19 PANDEMIC,  
ALL LEAGUES WERE SUSPENDED  
STARTING **MARCH 16, 2020**



**AFC WOMEN'S FOOTBALL DAY 2020 (3/08/20)**

3v3 Jamboree Details:

Under 9	-	5 Teams	Under 15	-	5 Teams
Under 12	-	5 Teams	Under 18	-	3 Teams
Women's	-	5 Teams	Masters	-	9 Teams

PARTICIPANTS: 192





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# SCHOOL OUTREACH

**2019**

## **INTERSCHOLASTIC SOCCER LEAGUE**

*League Details:*

### **ELEMENTARY DIVISION: COED (10-01 – 11/01/19)**

Participating Teams:

- Gregorio T. Camacho ES
- Saipan Community School
- Garapan ES
- Koblerville ES
- William S. Reyes ES
- Mt. Carmel School
- Saipan INTL School

**CHAMPIONS**

- Gregorio T. Camacho ES

### **MIDDLE SCHOOL BOYS DIVISION (10-04 – 11/01/19)**

Participating Teams:

- Hopwood MS 01
- Hopwood MS 02
- Francisco M. Sablan MS
- Cha Cha Oceanview MS
- Mt. Carmel School
- Saipan INTL School

**CHAMPIONS**

- Mt. Carmel School

**2020**

### **MIDDLE SCHOOL GIRLS DIVISION (2-05 – 3/04/20)**

Participating Teams:

- Hopwood MS
- Dan Dan MS
- Francisco M. Sablan MS
- Cha Cha Oceanview MS
- Mt. Carmel School
- Saipan INTL School

**CHAMPIONS**

- Hopwood MS



**2020**

**NMIFA 'D' LICENSE COACHING COURSE – SPRING 2020 (JAN 2020)**

26 participants  
NMISTC, Saipan

**INSTRUCTORS:** Michiteru Mita  
Jershwin Angeles

**AFC LVL 1 GK COACHING CERTIFICATE COURSE (1/24-31/20)**

3 participants:  
Mae Ito  
Raymond Zapanta  
Ben Poon  
Guam Football Association

**INSTRUCTORS:** Yoshio Kato  
Ross Awa

**NMIFA REFEREE REFRESHER COURSE (FEB 2020)**

17 participants  
NMISTC, Saipan

**INSTRUCTORS:** Ruselle Zapanta  
Davy Laxa

**GRASSROOTS KIDS LEADER COACHING COURSE (8/01/20)**

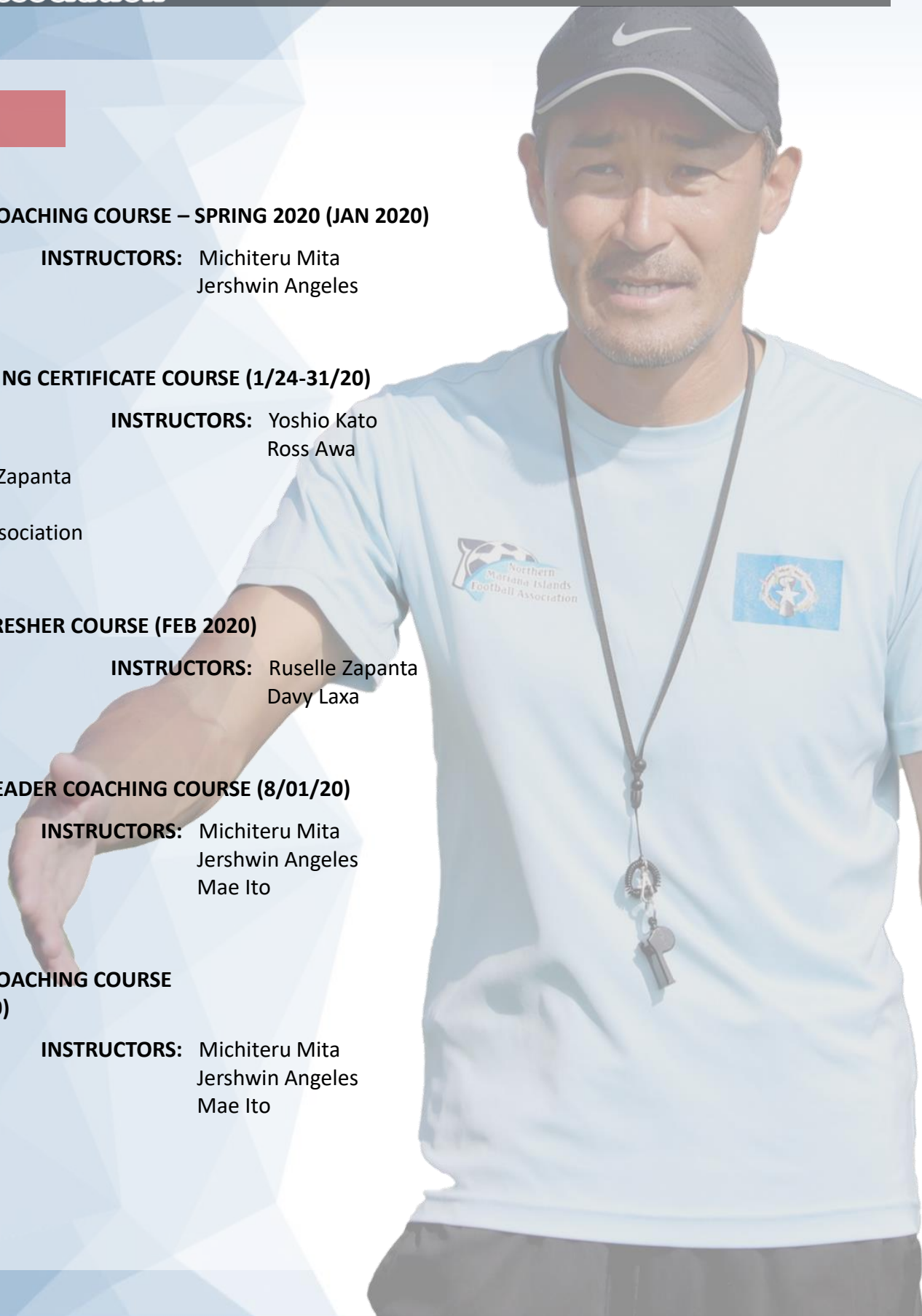
12 participants  
NMISTC, Saipan

**INSTRUCTORS:** Michiteru Mita  
Jershwin Angeles  
Mae Ito

**NMIFA 'D' LICENSE COACHING COURSE  
FALL 2020 (AUG 2020)**

12 participants  
NMISTC, Saipan

**INSTRUCTORS:** Michiteru Mita  
Jershwin Angeles  
Mae Ito



2020

**TRIPLE J BUBBLE RUN (3/07/20)**

**GOVERNOR'S COUNCIL OF ECONOMIC ADVISERS'  
PUBLIC PRIVATE PARTNERSHIP INITIATIVE:**

**KOBLERVILLE VILLAGE CLEAN UP (8/29/20)**

72 Volunteers:

- NMIFA Staff (5)
- NMIFA Coaches (8)
- NMIFA National Teams

Men (10)

U17 Boys (16)

Women (21)

U15 Boys (12)

In partnership with the Governor's Council of Economic Advisers' Public Private Partnership Initiative, a total of 72 NMIFA volunteers covered a 3-mile route around Koblerville village, filling two truck loads of trash.



# NATIONAL TEAM ONLINE TRAINING

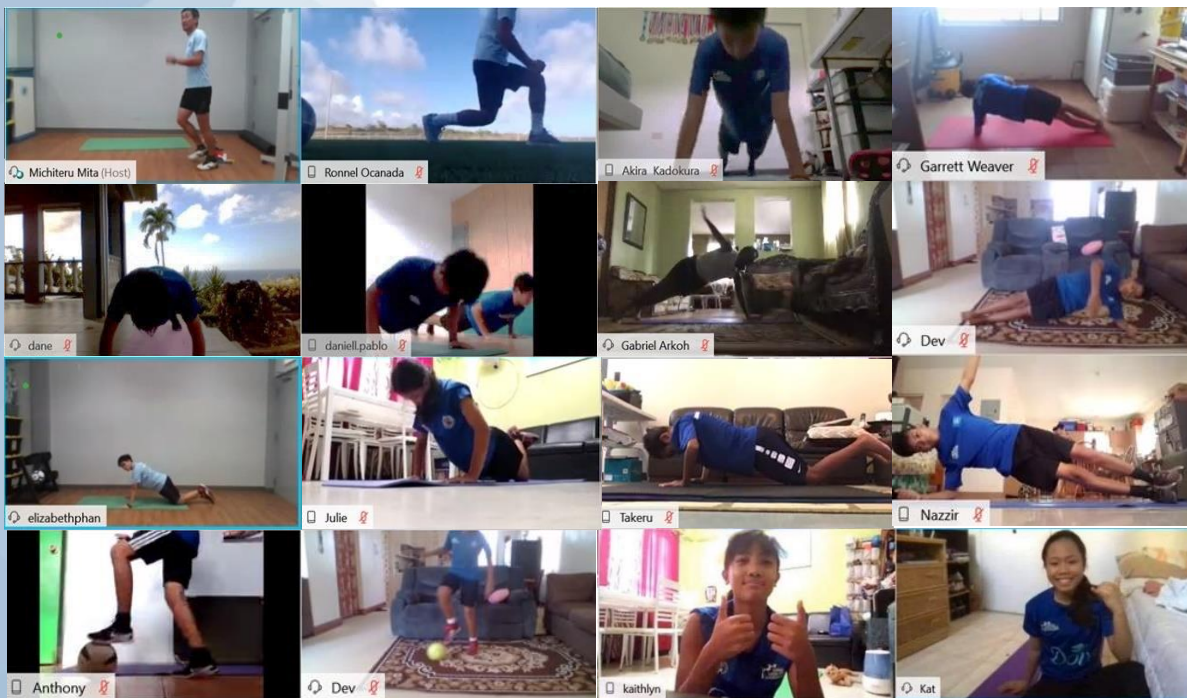
## ONLINE EXERCISES

Junior National Academy	-	6/15/20 to 7/20/20	-	18 Participants
Under 15 Boys	-	4/17/20 to 7/22/20	-	24 Participants
Under 16 Girls	-	4/16/20 to 6/09/20	-	10 Participants
Under 17 Boys	-	4/15/20 to 7/22/20	-	20 Participants
Women's/U18 Girls	-	4/16/20 to 6/09/20	-	14 Participants
Men's	-	4/14/20 to 5/29/20	-	20 Participants

In addition to online physical exercises, our players have also been attending an online Mental Skills Training class with Saipan-born Kanata Omori, a graduate of the University of Denver who is currently pursuing his master's in the study of Sport and Performance Psychology. The objective of this class is to improve player mentality and to set short- and long-term goals for the team while playing with pride for the NMI flag.

## MENTAL SKILLS TRAINING

Under 15/17 Boys	-	10 sessions from 7/15/20 to 9/19/20	-	30 Participants
Women's/U18/U16 Girls	-	8 sessions from 8/29/20 to 10/17/20	-	24 Participants



## POLICIES FOR PLAYERS AND STAFF

1. It is MANDATORY for all players and NMIFA staff and officials to undergo Covid-19 testing. Players must present NMIFA staff with certification from CHCC stating negative results for Covid-19 in order to participate in training.
2. All players must submit an NMIFA consent & waiver form in order to participate in training. Minors (below 18 years old) must have their parent/guardian signature.
3. All players and staff **MUST practice social distancing protocols AT ALL TIMES**, not only at the NMISTC, to ensure the safety of players, officials, and staff at the NMISTC.
4. NMIFA staff will be responsible for maintaining NMISTC facilities in accordance with the CNMI Government Covid-19 Task Force social distancing and sanitation requirements.
5. NMIFA staff will maintain records (logbooks or attendance sheets) to monitor the attendance of players and officials each training session. The records can also be used for contact tracing purposes if deemed necessary.
6. All national teams (Men's, Women's, youth boys and girls) are required to attend an online meeting to ensure the proper knowledge of and abidance to these policies, guidelines, and protocols.

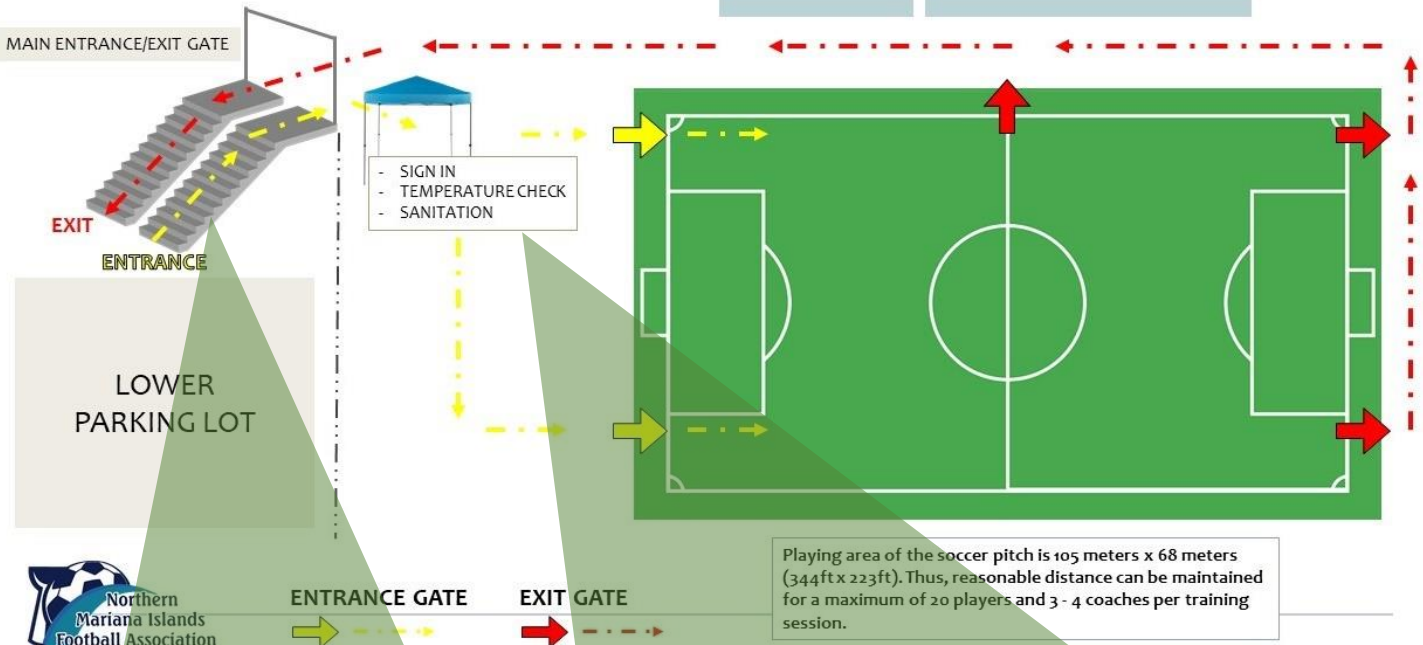
Players and staff must observe and check their health condition daily. If found with the following symptoms or situations, you may not attend training and must contact an NMIFA coach or staff IMMEDIATELY so extra precautionary measures can be enforced:

- Fever (99.5 Fahrenheit/ 37.5 Celsius)
- Cough
- Sore throat
- New loss of taste or smell
- Difficulty breathing/shortness of breath
- The feeling of being unwell
- If you have come in contact with a person who tested positive or with a person under investigation (PUI) EX: family member, house mate, friend
- If you have recently travelled out of Saipan

Remember that **COMMUNICATION** is essential in order to protect the health of everyone involved!



## FACILITY LAYOUT





# Northern Mariana Islands Football Association

## FACILITY SIGNAGE

### 2019 NOVEL CORONAVIRUS

What You Need to Know

The SARS-CoV-2 is transmitted through tiny droplets when a person coughs or sneezes.

#### PROTECT YOURSELF and others!

##### STEP 1: WASH YOUR HANDS

Use soap and water and wash hands for at least 20 seconds before eating or preparing food, after you cough or sneeze, or whenever your hands are visibly dirty. Use alcohol-based hand sanitizer if soap and water are not available.

#### Who is at Risk for Severe Illness?

The people who are most at risk for serious complications are young children, the elderly, and people with other medical conditions whose immune systems are compromised.

##### STEP 2: COVER YOUR COUGH OR SNEEZE

Use your sleeve or a tissue (not your hands) and throw the tissue away afterwards.

##### STEP 3: STAY HOME if you go out please, PRACTICE SOCIAL-DISTANCING

##### STEP 4: WEAR A FACE COVERING and avoid touching your face:



COVID-19 INFO LINE  
206-1362  
206-1542  
206-1672  
206-1854  
Monday to Sunday  
7:00AM-8:00PM

VISIT MCATS #13  
TENT COVID-19  
HEALTH TENT AT THE  
MAIN HOSPITAL  
ENTRANCE ON THE  
UPPER LEVEL  
Monday to Sunday  
8:00AM-5:00PM

For more information visit  
<https://www.chcc.gov.mp/coronavirusinformation.php>



### SCREENING CHECKPOINT

**EVERYONE WILL  
BE SCREENED  
UPON ENTRANCE**



Along with a temperature check, expect to be asked the following questions as you enter the facility:

#### DO YOU HAVE ANY OF THE FOLLOWING SYMPTOMS?



- Fever
- Cough
- Shortness of breath
- Muscle Pain
- Headache
- Sore throat
- Repeated shaking with chills
- New loss of taste or smell

NMIFA HAS THE RIGHT TO REFUSE ENTRY TO ANY PERSON/S THAT DO NOT PASS CHECKPOINT REQUIREMENTS



## NOTICE

### SOCIAL DISTANCING

Let's be SMART  
Stay **6ft (2m)** APART



Avoid close contact with others to prevent the spread of Covid-19



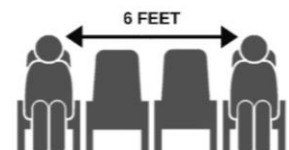
## NOTICE



In the interests of the health and safety of everyone, **ONLY NMIFA STAFF & OFFICIALS ALLOWED**

For assistance, kindly knock on the door OR call NMIFA office at (670) 235-0173

### THIS SEAT IS RESERVED



FOR PROPER SOCIAL-DISTANCING



# Northern Mariana Islands Football Association

## FACILITY SIGNAGE

